

**PAVING THE ROAD  
SERIES:  
EXTREME TACTICAL  
TRAINING**



# DEFENSIVE TACTICS SYSTEM (PPCT)

## SECURITY TRAINING SOLUTIONS



Security Training Solutions  
Empowering People Through Knowledge

*Empowering people through knowledge.*

### PPCT Course Description:

This is a PPCT Defensive Tactics System 32hr Basic Certification course – <http://www.ppct.us>.

The Pressure Point Control Tactics (PPCT) Defensive Tactics System course is internationally recognized because of its unique system design approach as one of the first subject control systems to adopt tactical, legal, and medical research. This four day course is broken down into key blocks of instruction, controlling low level resistance with finger tip touch pressure to nerve pressure points and controlling high level resistance through a defensive counter strike and baton which creates motor dysfunctions and controlled stuns. All of the techniques within the system have been tactically, legally, and medically researched making it defensible in court. The application of these techniques to an individual who is demonstrating passive or defensive resistance is highly effective regardless the size or strength level of the officer. The course can also be taken as separate components as required. Note: All instructors are also as a minimum certified in first aid and CPR, some holding first aid instructor status.

### Course Topics:

*Survival Learning Research:* This block of instruction examines research from educational psychology, motor learning science and neurobiology, and applies the research to the design of Use of Force systems. This instruction explains why simple gross motor skills and systems with few techniques are more compatible to Use of Force training.

*PPCT Control Principles:* The foundation of the PPCT training systems is based upon a series of training principles. These blocks of instruction examine the PPCT Force Continuum, principles of control, handcuffing, survival reaction time and tactical positioning.

*Pressure Point Control Tactics:* The core of this program effectively teaches Law Enforcement Officers how to control subjects by applying as little as 2 pounds of finger touch pressure to selected pressure points on the head and neck. The application of these pressure points is to control low level resistance.

*Defensive Counterstrikes:* This block of instruction teaches reflexive reaction (blocks, hand strikes and kicks) to a physical attack when impact weapons or firearms are not appropriate.

*PPCT Impact Weapon System:* This block of instruction can be deployed with a traditional straight baton, riot baton or a collapsible/telescoping baton. This effective system employs the use of nerve motor points as targets instead of joints and bones which decreases the potential of creating connective tissue damage and bone fractures.

### Administration:

- Materials/books will be provided.
- 32 hour (4 day) course, fee of \$450.
- This is a graded course. Certificate will be issued upon successful completion.
- \$50 non-refundable security deposit required 15 days in advance. A \$25 late registration fee will apply.

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### **Who should Attend:**

This course is designed to provide a User Certification for Defensive Tactics System from PPCT and is presented by Certified Instructors. This is an outstanding foundation and set of skills for both new and veteran Security/Law Enforcement Personnel that can be used alone or in conjunction with other Less Than Lethal and Use of Force protocols. It is also well suited for current or prospective Prison/ Detentions staff, private industry professionals, and Law Enforcement Volunteers. PPCT has long been recognized as a primary source of content for international and Canadian programs and represents a large part of the curriculum taught at provincial police colleges. A cost effective course for the information provided.

Dates: Please confirm next date at [www.securitytrainingsolutions.com](http://www.securitytrainingsolutions.com).

Location: London, ON

Cost: \$450 for 32hr / 4 day Certification Program (Group rates available)

### **Equipment Requirements:**

Please wear tactical uniform or black sweat pants, black t-shirt/sweater (no sleeveless), athletic or gym shoes for the training. If you have the following:

- Duty Belt
- Handcuffs (Double locking) with key
- Holster with training weapon (no live firearms)
- Expandable Baton

Final payment is due on the first day of class at registration. Cash, Personal/Business Cheques and Money Orders are acceptable. Please make payment to: Security Training Solutions.

### **Lead Instructor:**

This course is facilitated by Jim Kolar, chief instructor of Security Training Solutions. Mr. Kolar has over 24 years defensive tactics and close quarter combat experience. He is a Certified PPCT DT Instructor, Certified Ontario Use of Force Theory Instructor, and Certified First Aid/AED Instructor. Over twenty years military experience, including operational experience in Afghanistan, make him a highly sought after instructor. His military training includes countless courses such as Tactical Firearms Instructor. He is a Certified Police Tactical Training Instructor, Airline Security and Countermeasures Instructor and Close Quarter Combat Instructor for the Black Arts Society. He has instructed law enforcement officers internationally on various topics and is currently the Chief Instructor for Homeland Security Training Inc, Black Arts Society and the Royals Close Quarter Combat Team.

*Agencies or departments interested in hosting this course or any other courses please contact us for details at [info@securitytrainingsolutions.com](mailto:info@securitytrainingsolutions.com).*

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